

CSK-L2 Candidate Self-review

Use this form to review your professional development in relation to the seven learning outcomes and your own learning objectives. (Target 1,000 words)

You can use this self-review as evidence for criteria.

Learning outcome 1 - Use counselling skills ethically and safely:

Learning outcome 2 - Establish and sustain the boundaries of the helping role:

Learning outcome 3 - Work empathically as a helper:

Learning outcome 4 - Focus on the helpee's needs and concerns:

Learning outcome 5 - Use self-awareness in helping work:

Learning outcome 6 - Use a range of counselling skills to facilitate the helping interaction:

Learning outcome 7 - Use feedback and reflection to enhance counselling skills:

Learning goals: